

There are majorly 4 aspects of development

1

**Physical
Development**

**Cognitive
Development**

2

3

**Socio-Emotional
Development**

**Language
Development**

4



Physical and Cognitive Development





Physical Development

Cognitive Development





Massage

- Bonding
- Relaxation and calmness
- Holistic development

Sensory Experiences





Kangaroo Care





Tummy time

Let them explore





Play peek-a-boo

Prepare them for the world



Exploration and Brain Development

Let them do things on their own

Do not spoon feed

Give them one step difficult tasks

Age specific toys

Be a child

**Important
takeaways**

